



# Pathophysiology and Mechanics of the SHOULDER



**Prof. dr. Robert DONATELLI**

**17,18 noiembrie 2015**

**Bucuresti**

**Numar participanti: 50**

**Taxa: 450 Ron membri FRAF si 650 Ron nonmembri**

**Locatie: EuroHotels, Str. Gh. Polizu nr. 4, sect. 1**

**Data limita pentru inscriere: 15 august 2015**

**Inscrieri: [secretariatapk@gmail.com](mailto:secretariatapk@gmail.com)**

**VA ASTEPTAM SA VA PERFECTIONATI**

**IN INTERESUL PACIENTULUI!!!!!!**

## Program

Ziua 1: 08.00-17.00

- anatomy and mechanics of the shoulder Force Couple & Normal movement/Forces at the glenohumeral joint scapula rotators
- normal mechanic and the importance of humeral head central position on the glenoid
- lab evaluation of the shoulder - scapula 7 Rotation tests, muscle testing, passive and active mobility tests and scapula posture
- PM shoulder; special tests

Ziua 2 : 08.00-17.00

- antomy of instability - instability, impingement, rotator cuff tears
- instability to stiff and painful shoulder; keys to development of a treatment approach to shoulder dysfunction. Patient cases
- PM mobilization - lab scapula release techniques
- glenogumeral mobilizationand exercices

PHYSICAL THERAPY  
of the **SHOULDER**



ROBERT A. DONATELLI