



First Announcement

Arrival: Bucharest Airport - Otopeni - 02.10.2009
Departure: Bucharest Airport - Otopeni - 04.10.2009

First Announcement THROUGH SWIMMING TO PERFORMANCE AND HEALTH

LEN SPORTS MEDICINE
SYMPOSIUM
BUCHAREST - IZVORANI
ROMÂNIA
3-4 OCT. 2009

*Romanian Olympic
Committee of Sports*



*Romanian Society of Sports
Medicine
&
National Institut of Sports
Medicine*

OPTIMISING PERFORMANCE AND HEALTH PROMOTION

DELEGATE FEE

**FULL ACCOMMODATION
AND SYMPOSIUM FEE**

Members of Romanian
Society of Sports Medicine

100 €

Non Members

250 €

- **OPTIMISING PERFORMANCE**
- **SHOULDER INJURY MANAGEMENT**
- **REHABILITATION AFTER INJURY**
- **SWIMMING AND HEALTH**
- **NEWS IN DOPING**
- **NUTRITION IN SWIMMING**
- **SWIMMING AND CARDIAC DISEASES**
- **BIOMECHANICAL STUDY IN SWIMMING**
- **HEALTH BENEFITS OF AQUATIC SPORTS**
- **IMAGISTIC DIAGNOSES**

PROGRAMME

- **PANEL DISCUSSION WILL FACILITATE
DEBATE AROUND AQUATIC SPORTS
MEDICINE AND SCIENCE ISSUES**
- **A SPONSOR EXHIBITION**
- **SOCIAL PROGRAMME**
- **A WELCOME RECEPTION
ON 02.10.2009 - 20.00 HOURS**
- **A SYMPOSIUM DINNER
ON 03.10.2009 - 20.00 HOURS**

SCIENTIFIC COMMITTEE

PROF. ANCA IONESCU (ROU)
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PROF. IOAN DRAGAN (ROU)
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